

**JOB DESCRIPTION
GROUP CLASS INSTRUCTOR
WELLNESS 360**

Wellness 360, a leader in personal, corporate, hotel and residential wellness, spa and fitness programs is seeking knowledgeable and personable Group Class Instructors (GCI). We are offering opportunities for excellent compensation (commensurate with education, certifications and experience) in a growing company where you and your work are valued and respected; as we succeed, our entire team is rewarded. Our primary focus is to work with motivated fitness professionals who are able to work flexible hours and provide the highest level of skills and customer service. Beyond that, we are looking for creative, innovative individuals who wish to use their talents to create unique programs and services to offer to a very discerning clientele.

Purpose: The Group Class Instructor is responsible for creating group classes within their field of expertise for clients that are goal-driven, safe and fun with an emphasis on customer services standards (in accordance with the American College of Sports Medicine and other fitness organizations guidelines). They are responsible for creating classes that cater to different ability levels and encourage participation. The GCI maintains a clean and safe space in accordance with OSHA and NYC Department of Health standards.

Position Duties:

- Create classes that challenge different ability levels; create sense of fun, enthusiasm in a safe and supportive environment
- Ability to keep participants involved in class, even when making corrections to others
- Keep current of latest trends in classes and techniques
- Ability to vary class to cater to different ability level – both more and less challenging
- Create a sense of challenge and progression to classes; a feeling of freshness and originality to classes
- Arrive on time for classes, giving yourself enough time to set up equipment, music and other preparations to start class on time
- Schedule replacement instructor from approved list of substitutes or other instructor approved by General Manager
- Assist General Manager in other fitness center-related tasks as needed

Other Responsibilities:

- Voluntary participation in personal training program for which GCI will receive additional, per session compensation (with required certification)

Maintenance:

- Assist fitness and maintenance team in keeping the studio space clean and free of litter and equipment, or other unsafe conditions.

Requirements:

- Current certification with national certification organization (AFFA, NSCA, NASM, ACE)
- Bachelors degree in Exercise Sciences preferred, but not required
- Current CPR– which includes Adult AED
- Excellent verbal and written communication skills. Comfortable in public speaking situations
- Computer literacy (including Microsoft Office, Internet, Adobe Illustrator)

Compensation: Base fee is determined by education, certifications and experience and will be outlined during the application process. Instructors can receive additional compensation for personal training sessions with General Manager's approval and required certification(s).

Quality defines our work. Only serious applicants need apply. Interested applicants may send or e-mail resume to Bob Welter, Director of Human Resources:

Bob Welter
Wellness 360
817 Broadway
Second Floor
New York, New York 10003
646.278.1172
employment@w360.com
<http://www.W360.com>